Beef & Broccoli

Immortal Technique

Look, let me make something abundantly clear for people, who ar e so bereft of activities they feel like they gotta comment on mine.

first of all being a vegetarian should never be associated with being a revolutionary or being open-minded., that's a dietary choice.

if someone wants to proliferate the type of ignorance we're sup posed to be fighting by thinking that, you're just fucking your self.

i don't go around promoting beef and poetry shoving it in peopl e's faces. i don't castigate people for not eating steak sandwi ches; and i would never diss someone for being a fucking brocco li-head, or living off of radishes, or eating grass or tofu.

i like a lot of vegan cuisine. but the illogicality of expectin g everyone to adopt their particular idea of what being healthy is is just preposterous.

i've seen some of you herbivores; and if you want to argue heal th, y'all need to eat some kind of supplement because some of y 'all are so skinny that it's disgusting; looking like the only hip-hop motherfuckers on schindler's list.

being a malnutrition—ass got nothing to do with being revolutio nary or being on—point. i'll be damned if i let somebody else p ush their agenda on me. you know i don't eat pork, not because i'm a muslim, i just don't really like it, but i really will fu ck a bird up. and fish is good when that shit is fresh.

it's like my nigga vast air from Cann Ox if you don't like the smell of burning meat, well then get the fuck off the planet. y ou know i don't criticize people for eating moss, then don't op en your fucking mouth about my food, man. i like beef and brocc oli motherfucker. mind your god-damn business. matter of fact... you know what? i'm out. i feel like some arroco pollo, a bana na daiquiri, and a motherfucking bistec aponado.