

in my time... i've seen a lot of ways
in my time...i've seen that kindness pays
when you're down, hold on to your friends
be there until the end, hold on to family
don't turn your back on me

my mind has traveled, my body stayed put
I've seen the worst of man
and I've seen the effects of good
an outstretched hand
will bring much more risk
than a bottle in your head and a close tight fist
stop whining/complaining
about trouble of life
negative ways bring you negative times
envy rules your thoughts
jealousy in your mind
hatred in your eyes - my time!

in my time I've been alot of ways
I've seen alot of things
I've seen a lot of hate
and I've seen misery

my mind has traveled, my body stayed put
I've seen the worst of man
and I've seen the effects of good
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