

This candle, this flame  
I'll sit and watch it burn, slowly  
It burns away the memories of the pain I've felt  
So soon, so far away

Don't try to hold it for a day  
It just makes things worse, I've learned  
If you try, you'll try to hold it close to you  
The more it slips away

I feel numb from the neck down  
My arms hang useless, my feet drag on  
I'm staring straight  
I'm staring straight ahead  
Inside of me, I'll hold it down  
I know I can kill this with time  
Don't fight, don't fight it  
It makes it all worthwhile

When I stare into the sun  
I just can't look away  
Thought it starts out warm  
I've learned it can burn me  
It seems I'll never learn

Don't try to hold it for a day  
It just makes things worse, I've learned  
If you try, you'll try to hold it close to you  
The more it slips away  
Don't try to hold her for a day  
You'll just make it hurt, I've learned  
Though you'll try, you'll never hold her close enough to you  
The more she slips away

This candle, this flame  
I'll sit and watch it burn, slowly  
It burns away the memories of the pain I've felt  
So soon, so far away

Don't try to hold it for a day  
It just makes things worse, I've learned  
Oh I've tried, I tried to hold her close to me  
And now she's slipped away