Roll my tape Ooh, ooh

Thirty days...
Anyone doin' that one?
(Which one?)
I'm doin' that one

30 days in the hole (Yeah, that's nice) 30 days in the hole 30 days in the hole (Lord have mercy)

'Come on in man, that's it. Yeah. Right.

Chicago Green, talkin' 'bout Red Lebanese
A dirty room and a silver coke spoon
Give me my release, come on
Black Nepalese, it's got you weak in your knees
Seeds and dust that you got bust on
You know it's hard to believe

30 days in the hole 30 days in the hole 30 days in the hole That's what they give you 30 days in the hole

Newcastle Brown, I'm tellin' you, it can sure smack you down Take a greasy whore and a rollin' dance floor It's got your head spinnin' round If you live on the road, well there's a new highway code You take the urban noise with some Durban poison It's gonna lessen your load

30 days in the hole

That's what they give you now 30 days in the hole Oh, yeah 30 days in the hole All right, all right 30 days in the hole

How you doin' boy? You here for 30 days Get, get, get your long hair cut And cut out your ways

Black Nepalese, it got you weak in your knees
Only seeds and dust that you got bust on
You know it's so hard to please
Newcastle Brown can sure smack you down
You take a greasy whore and a rollin' dance floor
You know you're jailhouse-bound

- 30 days in the hole
- 30 days in the hole
- 30 days in the hole
- Oh, yeah
- 30 days in the hole
- 30 days, 30 days in the hole
- 30 days in the hole