

Why is it, we have to run to understand  
And why is it every time we grow close, we fall down  
And why is it, I break my rules to let you in  
Why is it, I act the fool, let you in, you in

Now my spinning head is slowly slowing down  
At least my lonely bed is in my favorite town

Sometimes at night I feel heartbroken  
And sometimes I just don't know what to say  
Sometimes I make mistakes and I hurt you  
But we're only human, we're all built that way  
Yeah, I can say

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Don't expect too much  
You've nothing to prove  
It's a hard old station  
Hold onto the truth

Words together  
Send them to you  
Explain how I feel  
Explain what I think