## **Good For You**

## **Hothouse Flowers**

I've spent my life watching sky and sea change colour hypnotised by The beauty of it all And you ask me why I'm singing

Well it is good for me, it can be good for you

I've hoarded all experiences I've had Written down all memories on a train And you ask me where I'm headed

It can be good for you And it's been good for me

I've seen a face in a thousand nights of dreaming It's been calling me to take up on the road And I'll go I will I'll keep on believing

'Cos it is good for me It can be good for you

I've begged my family to take me Asked them to see my point of view And I will, I will stand my ground and face you

'Cos you are good for me I can be good for you

I've seen a thousand nights of ardour Got frozen by the winter of my soul But I'm not afraid of sorrow

'Cos it's been good for me It can be good for you

And I've woken to the sound of sweet dawn music Where a hundred thousand songs are sung While the earth and ocean changes Four thousand million into one