## Caught up

**Hot Water Music** 

How do we get back? away from the grind that gives no slack. to the frames. the ones we filtered first. which widened our eyes through their colours, shapes, and designs. With everything so brand new and everything so pure and true. When saving the world could be done in a day. With a cape and imagination ready to play. On our hands and knees we crawled and watched As our elders walked. We soaked up all we could. Clung to what we knew was good and gazed, amazed At what unfolded before our face. To find out, we?d Forget it all. By being caught up in a race that Isn?t for fun at all. With hands frustrated to do Instead of willing to try. Living by the clock and Slowly wasting away in tie. On my hands, and Knees I plead to see the way that a child does See. And waltz around aware not drowned. Not Buried down or cornered slammed. A fresh start Entity an easy way to be unless you?re past the age.