## Intro:

Ruck and rock, taking you up a notch higher

I mean, it was cool aht first yunno Jus yunno, rapping about nuhthing Buht then like whut happened wuz

[b.c.c.] the people they started, yunno to talk about tings that make sense

[b.c.c.] I wuz like "what the f\*\*k? "

[b.c.c.] people with real shit I wuhlike "get the f\*\*k outta here"

[b.c.c.] whaddo they think they doing?

[b.c.c.] I dunno where that shit come from man.

[b.c.c.] I wuz like, "yo it's f\*\*kin amazing" right?

[b.c.c.] real

[b.c.c.] it's real, I don even know how the shit start

Verse one: rock, ruck

It went down like this, one little nigga snuck through the door Peeped the scene, sniped a few, then crept through with two more Heads were gettin nervous, that's three now they wanna break north Too late — five more tore the door straight the f\*\*k off It's on now; gettin down in the trenches Eight soldiers gettin in mo' ass than splinters on raggedy benches Since it's war, ain't shit sweet this clique Disperse and then they transform to chess pieces

On fake grounds never spare clowns
Ruck and rock be the rooks hold the square down
Are you prepared now I tear down, any opponent who similies
Styles buckwild meanwhile your ass I obliterate
Demonstrate, tactics you need practice
First of all your monkey-ass rhyme like you're backwards
I should smash kids, when they try to get beyond
Limits, timid, but they could never get with sean (say word)
Dat's word, sean don't give a
Whatevah then they got niggaz who're snakes that slither (hisssss)
And if ya, wanna come test the inflixter
I got your name number address plus your picture

## Chorus:

This is the b.c.c., n double d In the ninety-now we lock it down This is the b.c.c., n double d In the ninety-now we lock it down

Verse two: ruck, rock

Peep my words, yes my heavenly words, word
That get niggaz locked up in seventy-third
Prefer to chill, but the sun can't do that
Due to my temperature tempted to bring it where your crew's at
You lack with the skills that it takes to make
Ends meet cause it seems that your ass is weak
My occupation's, operation, lockdown
On your radio station whoever got the hot sound

Who wan tess y'all? Mr. mall-doo, a.k.a. rock-ness y'all Guard your chest y'all Nothing can protect y'all From buckshot on down to the rest y'all We runnin through your set y'all Fuck the rest y'all, we be the best y'all Yesh yesh y'all I crack backs north south east and west y'all We know fresh y'all I did do I guess y'all I didn't say I doesn't indeed sex I never measure Ready to wet y'all Place your bottom dollar bets y'all Chest will become messed bored if you flex y'all Nevertheless y'all We out to save the ship before it's dead y'all Lock it down with the full court press y'all Chorus: 2x Ha ha ha haaa This is the year, the ninety now On with the flows, conversations over beats Do not touch microphones I repeat, do not touch microphones This concludes our exodus eight men are moving in the ninety now Very hazardous to your health and that's my b.c.c. show you how You can get with the shit that we got Heltah skeltah the rook the rock the rock man We keep shit locked down Kid, duck down [b.c.c.] Lock it down lock it down [b.c.c.] Operation lockdown [b.c.c.] Lock it down lock it down[b.c.c.] [b.c.c.] Locked down [b.c.c.] The weak do not stand a chance [b.c.c.]

Chorus 2x

[b.c.c.]

This I promise you [b.c.c.]