

## Jack La Lanne

## Guttermouth

blame it on la lanne  
when something goes wrong  
that sweatsuited scapegoat  
for the exercising bomb  
put the blame on jack la lanne  
he's our man

my lawn turned yellow  
my goldfish died  
i squirted some ben-gay  
right in my eye

he's the fucking cause  
that sweatsuited scapegoat  
with the atomic sock  
when he exercises me  
i know he doesn't shower  
when i see him beatin' meat  
he makes me want to shower.