

# My Friend

Groove Armada

Whenever I'm down  
I call on you my friend  
A helping hand you lend  
In my time of need  
Whenever I'm down  
I call on you my friend  
(I call on you my friend)  
(I call on you my friend)

Listen..

Whenever I'm down  
I call on you my friend  
A helping hand you lend  
In my time of need

Whenever I'm down  
I call on you my friend  
(I call on you my friend)  
(I call on you my friend)

Whenever I'm down  
And all that's going on  
Is really going on  
Just one of those days (and ju-h..)

You say the right things  
To keep me moving on  
To keep me going strong  
(going strong)  
(going strong)

Whenever I'm down

Ain't nobody  
(body)  
Ain't nobody  
(body)

Whenever I'm down  
I call on you my friend  
A helping hand you lend  
In my time of need

Whenever I'm down  
I call on you my friend  
(I call on you my friend)  
(I call on you my friend)

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And all that's going on  
Is really going on  
Just one of those days (and ju-h..)

You say the right things  
To keep me moving on  
To keep me going strong

(going strong)  
(going strong)