

1. Somebody keep my balance,  
I think I'm falling off.  
Into a state of regression,  
The expiration date.  
Rapidly coming up,  
I'ts leaving me behind to rank.

R: Always move forward,  
Going straight will get you nowhere.  
There is no progress,  
Evolution killed it all.

2. I'm taking one step sideways  
Leading with my crutch  
Got a fucked up equilibrium  
Count down from 9 to 5  
Hooray! We're gonna die!  
Blessed into our extinction

R: Always move forward...(2x)