

## Quiet Your Mind

Great Lake Swimmers

When you try to close your eyes,  
And put yourself in a dream,  
Sleeping and then dreaming,  
Means that you are truly free,  
It's the best thing that you can do,  
As far as I can see.

Oh, quiet your mind,  
Oh, quiet your mind.

In the country, in the foothills,  
Found you down in the fall,  
Finally found a vision,  
Vision to all,  
You in it, so completely,  
When you don't even try.  
Set loose, all your worries,  
Like doves into the sky.

Oh, quiet your mind,  
Oh, quiet your mind.

So now I'll send a lullaby,  
Warp it in a dream,  
To take the weight, from your shoulders,  
And the pressure from your teeth,  
It must seem like, a ghost sometimes,  
Appearing from thin air,  
So take hold, of this quiet song  
... find you there.

Oh, quiet your mind