- 1. Ships may come and ships may go As long as the sea does roll. Each sailor lad just like his dad, He loves the flowing bowl. A trip on shore he does adore With a girl who's nice and round. When the money's gone It's the same old song, "Get up Jack! John, sit down!"
- R: Come along, come along, you jolly brave boys,
 There's lots of grog in the jar.
 We'll plough the briny ocean
 With the jolly roving tar.
- 2. When Jack comes in, it's then he'll steer
 To some old boarding house.
 They'll welcome him with rum and gin,
 And feed him on pork and souse.
 He'll lend, spend and he'll not offend
 Till he's lyin' drunk on the ground
 When the money's gone
 It's the same old song,
 "Get up Jack! John, sit down!"
- R: Come along...
- 3. Jack, he then, oh then he'll sail
 Bound down for Newfoundland
 All the ladies fair in Placentia there
 They love that sailor man.
 He'll go to shore out on a tear
 And he'll buy some girl a gown.
 When the money's gone
 It's the same old song,
 "Get up Jack! John, sit down!"
- R: Come along...
- 4. When Jack gets old and weatherbeat, Too old to roam about, They'll let him stop in some rum shop 'Till eight bells calls him out. Then he'll raise his eyes up to the skies, Sayin', "Boys, we're homeward bound." When the money's gone It's the same old song, "Get up Jack! John, sit down!"
- R: Come along...