One step closer to feeling fine
Getting better one day at a time
I'm moving forward with all of my might
I'm headed towards a new state of mind

So I'll hold back tears
Move in the right direction
Face my fears
Move in the right direction

I'm doing fine
One step closer every day at the time
I won't lose my mind, lose my mind, ah ah

Motivation a powerful strength Hesitation was my first instinct I got the notion, my weakness was Total devotion it's okay

Because I will hold back tears
So I can move in the right direction
I have faced my fears
Now I can move in the right direction

I'm doing fine
One step closer every day at a time
I won't lose my mind, lose my mind, ah ah

Keeping my head up, looking forward Reminiscing will get you nowhere Never say never, starting over It's not perfect but it's getting closer

I will hold back tears
So I can move in the right direction
I have faced my fears
Now I can move in the right direction

I'm doing fine
One step closer every day at a time
I won't lose my mind, lose my mind, ah ah