I would give what's left of me away Twist and turn just to hear you say That you still think I'm beautiful I'm worth a chance Even still today

The battle plan has left me weak and worn
In two directions I feel like I've been torn
We used to live without the shame
We used to love without the blame

We're going up and down
Hold on
We're crashing to the ground
And anytime you kneel
I'll open up again
You reach inside of me
And then you pull the pin
And then you pull the pin
Oh, you pull the pin
And then you pull the pin
And then you pull the pin

We're doing penance for all our petty crimes On our knees, oh we're just killing time First we bend and then we break And I don't wanna be too late to change

Oh, I saw your light when I looked into the mirror And then the past began to disappear You know my lies were full of fear And can you still forgive me, dear

We're going up and down
Hold on
We're crashing to the ground
And any time you kneel
I open up again
You reach inside of me
And then you pull the pin
And then you pull the pin
Oh, you pull the pin
And then you pull the pin

Your words can lift me up or crush me to dust again Can't tell if we are flying or falling to the end Your words can lift me up or crush me to dust again Can't tell if we are flying or falling to the end

We're going up and down
Hold on
We're crashing to the ground
And any time you kneel
I open up again
You reach inside of me
And then you pull the pin
And then you pull the pin
Oh, and you pull the pin

And then you pull the pin