The Way of All Flesh

Anything that has a shape will crumble away, disappear We belong to the circle life of all creation We crawl, deny ourselves, refuse this evidence That we project our greatest fears on death and forget our powe r

I want to live my life in close touch with the sacred Pacify disturbances of the mind, I face my own death

Lower and lower is the pressure I can feel the parts of me collapsing one into the other Higher state of consciousness awaken I can see the light of this next world leading my soul reborn

I find it hard to believe that this picture on the wall is ever ything I do understand all the prayers, life is so sharp, hurts so bad What does it mean to be dying, what if you take the guts and br ain away? Is it this blood and heartbeat that you call life

Every effort to ignore it is unavailing, we all have to die Is it too late to dull the edges of the pain, I have to try This is an other dimension, you can scatter ashes to the winds And even buried in the ground I'm still there

Do not be afraid, you are dying and the four great elements Of your body are collapsing one into the other It feels as if you are being crushed by mountains The light of this world has faded completely But the light of the next world have not yet appeared

Your breath is now still, no warmth to your skin Do not be afraid, there's no way that you can stay here You are leaving this world, all lights are fading away now Leave behind loved ones and all you know Do not be afraid and let yourself go

Gojira