Wake me up I'm stuck in this bad dream I'm wide awake but I must be sleeping Or over-thinking, sinking, hoping, wishing That I'll just find peace (help me) My reflection staring back at me (save me) Is this the man you always wanted to be? Look at me looking back at me Can I trust the man I see? Behind these prison eyes I find it hard to sleep (find it hard to breathe) With all the secrets that I keep Behind these prison eyes It took 3 long years for the floor to cave It took 2 steps back to see you weren't okay It took 1 hard look in the mirror (it's clearer) Now I count down the days until I go insane I don't feel safe inside my head anymore Nothing's the same as it was before Trapped in my own skin My mind is racing, I cannot stop pacing back and forth I don't feel safe inside my head anymore Look at me looking back at me Can I trust the man I see? Behind these prison eyes I find it hard to sleep (find it hard to breathe) With all the secrets that I keep Behind these prison eyes Look at me looking back at me Haunted by old memories Look at me looking back at me God grant me some kind of peace Wake me up! Look at me looking back at me Can I trust the man I see? Behind these prison eyes I find it hard to sleep (find it hard to breathe) With all the secrets that I keep Behind these prison eyes