```
I'm scared to sleep, I'm scared to dream
I'm scared to wake up in case I scream
I'm scared to whisper one word.
That's all it needs
I hear it breathe, I hear it sigh
I hear it laughing when something dies
I hear it calling
But I'm too scared to move
I'm so scared
I can't breathe
I'm so scared
I can't breath
I'm so scared
I just can't breathe
I'm scared to look, I'm scared to see
I'm scared of mirrors in case it's me.
I'm scared of memories
But now thats all I have
So I can't leave and nothing comes
So no-one noticed that I've come undone.
I'd hide in shadows
But the shadows talk to me.
I'm so scared
I can't breathe
I'm so scared
I can't breath
I'm so scared
I just can't breathe
```