

## Strength Within

Full Blown Chaos

There comes a time for everyone  
To fall back or stand your ground  
Fight or flight - Do or die  
You never fail if you try

Everyday we rise and fall  
Sometimes we lose our way  
Never bend to another's will  
Courage is all we need

STRENGTH WITHIN

Make every second count  
Lost time can't be reclaimed  
Live every day like it's your last  
And regret will have no meaning

Leave mistakes in the past  
We live to learn and overcome  
Yesterday has come and gone  
Look ahead and embrace tomorrow

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Everyday we rise and fall  
Sometimes we lose our way  
We take a chance with every breath  
How can we win if there's nothing to lose

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Sometimes we look away  
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