

Hurry! Hurry!  
I know you can do it

Faster! Faster!  
Never mind that bleeding from your nose

Busy! Busy!  
Always under pressure

Rush it! Rush it!  
Shoot another climber overdose

Dive into the Burn Out Trap  
You don't need to take this crap

Snap! Snap!  
Or stay true to yourself  
Snap! Snap!  
Or stay true to yourself

Blackout! Blackout!  
Too much of everything

Routine! Routine!  
Dance to the corporate bullets

Failure! Failure!  
You're never good enough

Push it! Push it!  
Far beyond your limits

Fall into the Burn Out Trap  
We don't need to take this crap

Snap! Snap!  
Or stay true to yourself  
Snap! Snap!  
Or stay true to yourself