

# Catastrophe

## Four Year Strong

You're always running around with everyone else but me  
You're such a catastrophe  
But hold on, you've been running for oh so long  
And soon I'll be gone

You've got to build it up and then break down  
Give it a taste and drop your jaw to the ground  
Then you'll know what to do and we'll pick it up  
Pick it up and give it right back to you

Save your breath and get down with me  
I never thought it would be this easy  
To spread you like a disease  
In this heat you'll be sweating out your dignity  
You'll always be such a catastrophe

And I've been making a list  
Of all your so called "big plans"  
And I'm really having trouble  
Cause it's longer than the stretch of my attention span  
Wait, what were we talking about again?

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And how about yourself?  
Do you have what it takes  
To raise the steaks and show that you have it in you  
To just pick up and go  
Give me a reason just to see things through  
Until the end because I'm on to you  
I'm gonna need a shovel to dig myself out of this one

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