

## 2 Trees

### Foals

Help yourself, help the rest  
Give blood away, give blood today  
Each drop away  
Help yourself, help the rest  
Inhale exhale  
Lungs paper frail  
Light up away, go

Don't let go, just breathe slow  
So hold on, it will pass  
Don't give up, don't let go  
Grey clouds, they'll, they'll break up

Rest yourself, rest your head  
Be still, play dead.  
Learn to acquiesce  
Forget all the rest  
Free yourself, free your head  
Don't shy away,  
Open your veins  
In wet summer rain, go

Don't let go, just breathe slow  
So hold on, it will pass  
Don't give up, don't let go  
Grey clouds, they'll, they'll break up

Just breathe slow.