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And if it's bad
Don't let it get you down
You can take it
And if it hurts
Don't let them see you cry
You can make it
Hold your head up
Hold your head up
Hold your head up
Hold your head high
Hold your head up
Hold your head up
Hold your head up
Hold your head high
And if they stare
Just let them burn their eyes
On you moving
And if they shout
Don't let it change a thing
What you're doing
Hold your head up
Hold your head up
Hold your head up
Hold your head high
Hold your head up
Hold your head up
Hold your head up
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Hold your head up

Hold your head up

Hold your head up

Hold your head high

Hold your head up

Hold your head up

Hold your head up

Hold your head high

Hold your head up, hold your

Hold your head up, hold your

Hold your head up, hold your

Hold your head high

Hold your head up