Swirling all around you Are the rumors people spread Vicious lies that terrorize And fill their swollen heads

They hide behind computer screens Planning their attack Smiling eyes disguise their lies To stab you in the back

Don't back down
This is everything you've waited for
Stand your ground
And take what you deserve from life

Don't back down
This could be your last chance
Stand your ground
You gotta get up and fight

They'll tear you down to elevate Themselves at any cost Criticize, jeopardize And celebrate your loss

When somone disrespects you You don't have to turn away A loaded fist, a rusty blade Can help you dull the pain