Every day I sit and pray to God above
To watch over me and my family
But every day I seem to pray the same old thing
In the same old way, and I start to think

That maybe I should change
And find something better to say
But I've learned to believe
You always hear me when I pray

So I get down on my knees
'Cause I'm stronger than these
Voices inside of my head
They try to deceive me
And make me believe
That I would be better instead
To take my requests and put them to rest
But You're already one step ahead
You knew just what I would say
Before it was said

Every night I lie awake wondering
If You're listening to every heartbeat
You've told me that You know the deepest part of me
And You'll watch over me and my family

So I guess I shouldn't change
'Cause You hear every word that I say
And I knew You are here
When I come to You this way

So I guess I shouldn't change
'Cause You hear every word that I say
And I knew You were here
When I knelt down today