## **Spinal Compression**

## **Fear Factory**

Like the knife into my back Cold hate within my spine Freezing of my nerves This slow death consumes my mind

Shock waves through my soul Compounding my fears This depression on my life My dead weight through the years

I'm going to break

I've had all that I can take Endurance wearing thin Everything that's on my mind Will crush my soul within

My feet sink into the ground Embeds my roots of fate Coursing through my blood vessels Reality of hate

Crushed by this fate under this weight Crushed by this fate under this weight I'm going to break
Because I've had all that I can take

Please stop this pressure Weighing down on me Please stop this pressure Weighing down on me

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Buried to my neck in waste Debris of life itself World spinning out of control I feel like I'm in hell

Somethings got to change Somethings got to give Existential weight on mind Is not my way to live

Crushed by this fate under this weight Crushed by this fate under this weight I'm going to break
Because I've had all that I can take

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