Ten years in a cage, waiting for clarity All of these things come into focus

All this is space, waiting to be filled Follow the blood Follow the headlines

It's in the bones
It's in the backbone
Reptile brain, don't fail me now
It's in the hands
It's where the blood goes
Wait for the time inspiration will come

Get outside your head Get them when they're young You're only taking what is yours Coming into focus

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