Ever felt broken in two?
Like you've been stepped on, hopes gone
It's all wrong
You don't know what to do
See sometimes... life can deal you a hard hand
But as long as you pay attention
You'll learn your lesson
Hold on and understand

That you are stronger, wiser
All so beautiful to me
Provider, survivor
Whenever you're in need
I'll lift you higher
Give you hope when you are tired
You can lean on me
My sisterfriend
I will hold your hand, my sisterfriend
My sisterfriend
Because I understand, my sisterfriend

Have you ever questioned yourself?
And like you were giving up, move in self, losing trust
Well this is your test
So hold on and don't be distressed
But now you're still on your journey
Don't be discouraged
See there are chime and chains

But you are stronger, wiser
All so beautiful to me
Provider, survivor
Whenever you're in need
I'll lift you higher
Give you hope when you are tired
You can lean on me
My sisterfriend
I will hold your hand, my sisterfriend
My sisterfriend
Because I'll understand, my sisterfriend

I'll be there (bear with me)
'Cause I care (just call out on me)
'Cause I've been there and I've been scared but I made it through
Just keep on going, in my heart I know
That you know what to do
Just lean on my shoulder til the battle's over

Stronger, wiser
All so beautiful to me
Provider, survivor
Whenever you're in need
I'll lift you higher
Give you hope when you are tired
You can count on me
My sisterfriend
I will hold your hand, my sisterfriend

My sisterfriend
'Cause I understand

Stronger, wiser All so beautiful to me Provider, survivor Whenever you're in need I'll lift you higher Give you hope when you are tired You can lean on me My sisterfriend My sisterfriend My sisterfriend Because I'll understand, my sisterfriend Whatever god has planned oh My sisterfriend My sisterfriend I will hold your hand, my sister I will hold your hand, my sister I will hold your hand, my sisterfriend Friend I will I will uh yea