## **The Real Escape**

I took a look at myself I dropped all my defenses After fooling myself For so long

I broke all my habits I gave up my pretences I faced all those things So crazy and wrong

I had reached a point Where I could fall no deeper Right there I knew what to do Eventually

I know you thought I was just running away But the real escape I had made years ago Deep inside of me

Are there just no Forevers in life Are they all just illusion Just something we build to protect us From feeling so lost and lonely

Would it be wiser to be Happy when things are just good Instead of yearning for perfection That we'll never find most likely

That advice I have given To friends and that so much more Applied to myself Came back to my mind

How desperately I must have Tried to believe That in my own little world Things were perfectly right

I lied to myself I despised myself I denied myself But the pain grew stronger

I will lie to myself I will despise myself I will deny myself Not one day longer

Because there is no such thing at all At least not for you and me

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