## **To Our Denial**

The art of losing is not hard to learn To lose, forget, and leave behind Forget one moment, never to return Surreptitiously declined.

The first cut is the deepest, so they say, The anger of an anxious mind Once acquainted with this constant loss It leaves you without clues behind

I lost the reason, lost the thought, lost the sense it almost got forgot the reason why to yearn; accepting to unlearn.

Down, down we glide Downgrade our inner pride Down, down the spiral To our denial...

A million memories quietly steal away Without us knowing they are gone All they leave us is a BLEARY sense That something totally went wrong

## **Evereve**