An overactive mind where a thousand thoughts come floating by Will not be able to slow down at times
Don't be afraid, live in the now, enjoy simplicity
Avoid incentives that will make you blind

Don't let it burn you down Live in the heart Experience the now

To really know yourself, ignore your mind and find yourself aga in

Life is always challenging

To really find yourself, you can't be blind to signals you obta in and gain

Thoughts are slowly changing here

Here in the now if you identify with your own heart Will change your views and make you feel at home You're not your thoughts, observe how the can be duplicity Don't follow those that make you drift away

Don't let them pull you down Live in the heart Experience the now

To really know yourself, ignore your mind and find yourself aga in

Life is always challenging

To really find yourself, you can't be blind to signals you obta in and gain

Thoughts are slowly changing here

Reward yourself

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Thoughts are slowly chaging

To really know yourself, ignore your mind and find yourself Life is always challenging

To really know yourself, you can't be blind to signs you gain Thoughts are always ranging now