

The Vitalized Shell

Enthroned

My children, attend my words
Let them not depart from thy eyes
Keep them in the midst of thy heart
For they are life unto those that find them and health within a
ll their flesh
Put away from thee a forward mouth and greet thine perverse lip
s

"I am the only God, worship me"

My sons, attend unto my wisdom and bow thine ear to my understa
nding
That thou mayest regard discretion and thy lips may keep knowle
dge as you know how to learn and keep silence

Hear me now therefore o ye children and depart not from my mout
h
Come not nigh the door of my house if facility gives thee honou
r unto others

Incline thyself unto cruelty and walk the flesh which is consum
ed
Drink waters out of their cistern and let their rivers flows un
to thy streets
Then thou may not regard my discretion and thy lips may not kee
p thy knowledge
As I know how to make you learn and to keep silence

Then hereunto is the end of our Key
In the name of God, the "righteous", the "merciful" and eternal
Who liveth and reigneth throughout the ages
777 777 777 777 777 777 777

Amen