She was thru with all of the women he use to do See each morning he left her cryin' But she stays just a-hoping that he might change So then she put up with all his lying

Well, hey lady your gonna be okay,
But he aint' worth what you go thru
Oh no, oh no
So pick yourself up off the floor
That's no way for you to fight
He won't be hurtin' you no more
Trust yourself you can get by

She was just a baby in her mother eyes
And then he came and how fast things change
She used to tell her friends how he was a perfect guy
Until that day he struck her face

But. hey baby your gonna be ok
But that's not love that's hurtin' you
Oh no, oh no
So pick yourself up off the floor
That's no way for you to fight
He won't be hurtin' you no more
Trust yourself you can get by
You can get by
So pick yourself up off the floor
That's no way for you to fight
He won't be hurtin' you no more
Trust yourself you can get by

Why would you let somebody treat you that way? When its only fear that gets you to stay You've got to be strong
And know that without him your life carries on