Hold your breath until you blow Don't breathe in because they will know Just where you've been And where you're going Their inspiration, stop ignoring

Why are you hiding from their sight?
There is no winner in this fight
They've been haunting all your life
There's no need running through the night
Stand up, wipe away your tears
You've been against the tide for years
Don't surrender to this fray
Just walk away

Now they think you're not that strong Your doors keep shut and prove them wrong Your soul they want To keep it bottled And throw it in the dark sea's bottom

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Just walk away (4x)