This is not me now
can you tell me
what am I becoming?
what am I doing to myself?
This is not me now
can you tell me
why I'm self destructing
How can I live with all this?

I am breaking to pieces and how long will I lose this war I can't take much more

I am losing now
will you help me
How can I explain this?
How can I justify myself?
I am losing now
will you help me
cause I can't remember
all that I've lived with for so long

I am breaking to pieces...(2x)

This is not me now can you tell me what am I becoming what am I doing to myself

What am I doing to myself?
I'm self destructing

I am breaking to pieces... (3x)