Hand me down my walkin' cane
Hand me down my hat
Hurry now and don't be late
'Cause we ain't got time to chat
You and me, we're goin' out
To catch the latest sound
Guaranteed to blow your mind
So high you won't come down

Hey, y'all, prepare yourself for the rubberband (rubberband) man You've never heard a sound
Like the rubberband man
You're bound to lose control
When the rubberband starts to jam

Oh, Lord, this dude is outta sight Everything he does Seem to come out right

Once I went to hear them play
At a club outside of town
I was so surprised, I was hypnotized
By the sound this cat's puttin' down
When I saw this short, fat guy
Stretch a band between his toes
Hey, I laughed so hard
'Cause the man got down
When he finally reached his goal

Hey, y'all, prepare yourself for the rubberband (rubberband) man You've never heard a sound
Like the rubberband (rubberband) man
You're bound to lose control
When the rubberband starts to jam

Got that rubber band Up on his toes And then he wriggled it up All around his nose

Doo-doo-doo
Guaranteed to blow your mind
Doo-doo-doo
Playin' all that music, yet keepin' time
Where in the world did he learn that, oh, Lord
Lord, help him get away

Hey, y'all, prepare yourself for the rubberband man You've never heard a sound
Like the rubberband man
You're bound to lose control
When the rubberband starts to jam

Rubberband man, rubberband man
How much of this stuff do he think we can stand?
I don't know

So much rhythm, grace, and debonair for one man, Lord, and then he had the nerve to wiggle his left toe Slip it through his knee, got the feeling in his head, y'all Aw, come on, baby

Hey, y'all, prepare yourself for the rubberband man You've never heard a sound
Like the rubberband man
You're bound to lose control
When the rubberband starts to jam

Rubberband man starts to jam
Moving up and down cross the land
Got the people all in his wake
Everything probably seems outta place

Just move it, just move it
Just move, move, move it
Just, rubberband, rubberband man
Just move it, just move it
Just move, move, move it
Just, rubberband, rubberband man
Get down
Oh, get down low
Ah ha