

## Trapped Inside

Eleanor McEvoy

The black and white  
Is clear to see  
It's shades of grey  
Are puzzling me  
Shades of feeling like  
My body's buried deep,  
Half asleep, half asleep.

It's a very deep hole,  
With very steep sides,  
I can't climb out  
I'm trapped inside  
It's a very deep hole,  
With very steep sides  
I can't climb out  
Lord knows I've tried,  
But I'm trapped inside  
You know I've tried,  
But I'm trapped inside.

What is it with me,  
I make no sense  
Why is it  
I talk in future tense.  
When I'm s'posed to sing  
My voice it goes to shout  
"Can't break out, I can't break out".

Repeat CHORUS

All my climbing up has me nowhere,  
All of this can get too much to bear  
All I'm tryin' to do is mend this beat up heart  
That's a start, that's a start.