

Breathing Hope

Eleanor McEvoy

I heard music lighting up my darkness
I felt the phrase melt away my sadness
A melody as potent as wine
I let it sweep me out of my depression
I let it point me in a new direction
Breathing hope on this life of mine

Now who could fail
To let it touch the honesty within them?
And who could help
But be comforted inside?

It took a harmony to heal the bad times
It took a rhythm to release the sunshine
Even then it took me so long
To break the silence I'd resigned my life to
To broke down barriers I'd shut my eyes to
Releasing me from all that was wrong

Now I don't try to understand the way it moves my spirit
That is why, suppose I'll never know
How a subtle change of key
Can do these things to me
And make me feel, like I feel

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