

## Breathing Hope

Eleanor McEvoy

I heard music lighting up my darkness  
I felt the phrase melt away my sadness  
A melody as potent as wine  
I let it sweep me out of my depression  
I let it point me in a new direction  
Breathing hope on this life of mine

Now who could fail  
To let it touch the honesty within them?  
And who could help  
But be comforted inside?

It took a harmony to heal the bad times  
It took a rhythm to release the sunshine  
Even then it took me so long  
To break the silence I'd resigned my life to  
To broke down barriers I'd shut my eyes to  
Releasing me from all that was wrong

Now I don't try to understand the way it moves my spirit  
That is why, suppose I'll never know  
How a subtle change of key  
Can do these things to me  
And make me feel, like I feel

I heard music lighting up my darkness  
I felt the phrase melt away my sadness  
A melody as potent as wine  
I let it sweep me out of my depression  
I let it point me in a new direction  
Breathing hope on this life of mine