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Yesterday I said goodbye to all my misery
I floated down the river just to see what I could see
I came upon the ocean and its beauty took me in
A bird?s course may take my mind, is where I must begin
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Alta Mira, oh set my spirit free
Alta Mira, like the wind that moves the sea
Alta Mira, let it set your spirit free
Alta Mira, we can live in harmony
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The sun was like a burnin? flame that sinks beneath the sea Beckoning with all its color, come and follow me Its flame was my reflection, though I knew it wasn't real I had to find out what it was and how it made me feel

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Alta Mira, set my spirit free
Alta Mira, like the wind that moves the sea
Alta Mira, let it set your spirit free
Alta Mira, we can live in harmony

Hey, Alta Mira, la la la, la la, la la
Hey, Alta Mira, la la la, la la, la la
Hey, Alta Mira, la la la, la la, la la
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