Let me talk about some real subjects, man Speak on some real subjects, bruh You know I gotta come off real every time, man I'm E-40, man (talk to 'em) I been spillin' these really deep messages for many moons, man (hecka long, bruh, we grew up on you, bruh, we grew up on you) Listen up Life is finicky You never know when you creatin' a memory You never know when you creatin' a enemy You never know when you creatin' a friend to me Tryin' to get by Tell the devil that he's a lie Gotta bleed the blood of Jesus And repent before we die Love yo' family Even though they can be wrong Cause you gon' miss 'em When ya family dead and gone Hug and kiss 'em Don't let 'em think that they're alone Tell 'em you miss 'em And they always welcome home [Hook - Bosko (E-40):] Make sure, with loved ones don't ever act evil (Cause them yo' people) And pick up when folks tryin' to reach you (When folks tryin' to reach you) And be sure they know that you appreciate them (Let 'em know you appreciate 'em, man) Cause what you have can be gone in a blink (It could be gone in a blink) What really matters is not what you think (It's not what you think) So be sure you show some appreciation (Show some appreciation) Tough times, no goals Dark hearts, lost souls Snakes, sharks, black roles Fake smarks, scarecrows Should I keep this job? Or should I go back to push and hustlin'? A little bit of somethin' Is better than a whole lot of nothin'

Every time I take a step forward

And every time I take a step back

I take a step back

I take a step forward

Never kick a person when they down
Lift 'em up
You never know when you gon' need a hand
Or a buck

[Hook - Bosko (E-40):]

Make sure, with loved ones don't ever act evil (Cause them yo' people)

And pick up when folks tryin' to reach you (When folks tryin' to reach you)

And be sure they know that you appreciate them (Let 'em know you appreciate 'em, man)

Cause what you have can be gone in a blink (It could be gone in a blink)
What really matters is not what you think (It's not what you think)
So be sure you show some appreciation (Show some appreciation)

(Listen here, man)

If he on drugs and you knew him

Don't walk away from him, walk to him

Don't stay away from him, talk to him

Cheer for him, don't boo him

Tell him you here for him 'fore you lose him Happy to hear from him Move him

Be careful
But embrace him
Give him some game
Lace him

My mind is filled with rage The ghetto is a cage We got a lot of talent But we ain't got no stage

[Hook - Bosko (E-40):]
Make sure, with loved ones don't ever act evil (Cause them yo' people)
And pick up when folks tryin' to reach you (When folks tryin' to reach you)
And be sure they know that you appreciate them (Let 'em know you appreciate 'em, man)

Cause what you have can be gone in a blink (It could be gone in a blink)
What really matters is not what you think (It's not what you think)
So be sure you show some appreciation (Show some appreciation)