Bounce to the rhythm, gonna take you far
Listen to the sound's gonna make you shout, shout
Shout out loud, this will leave no scars
Better be aware of one thing, one thing
Stay awake, don't you lose your mind
You don't wanna wait, must stay sharp, sharp
Sharp rhyme, don't forget this time
Let your body move till you drop, drop!

You need a reason to flow? I give you reason to flow

Move ya!

Won't you step into this groove ya?! Won't you let this rhythm move ya?! Forget the fear, don't be a fool ya!

Move ya!

Won't you step into this groove ya?! It is your right, don't need approval! Forget the fear, don't be a fool ya!

Time to deliver new blood in veins
Listen to a sound of the heartbeat, beat
Beat of the rhythm, gonna take you high
It's a new start, never stop, stop
Stop making sense, just give it a try
We gonna take you to the top, top
Top of the pops, above the line
Let your body move till you drop, drop