

# Running From The Thoughts

Dub Pistols

Running from the thoughts  
i keep bumping back into it  
trying to get away  
keep dragging me into it  
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How many times we been through it

Communication Breakdown  
Part Anthem Lay down  
Spirits of a playground  
running from a grey town  
Amityville Horror  
Ghosts form the past  
That will travel through tomorrow, follow  
each and every step that i take  
as many bars i break  
i still cant escape  
so at night i stay awake  
go out and separate  
my soul from my conscience  
and all i can equate is a bunch of crazy nonsense

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Try to stay versatile  
and switch up my pattern  
cant keep it rotating like the rings of Saturn  
got to break the cycle  
and move it like nitro  
get it out of my head before i go psycho  
insomniac on the track  
falling out, bouncing back  
coming with the wild attack  
trying to keep my mind intact  
back to the days of the past  
keep popping in my head like a memory flash

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ahh sh\*t just can get out that circle  
kids got me by-cycling home

yeah all you willy wonka mutha fu\*kers

Time to move the mast  
throw them in my moustache  
roll a big spliff  
light it up with a match  
puff puff  
rocking kasbahs like the clash  
we can all sit back and watch the world crash  
then pick up the pieces of the fractured elements  
write your last will and testament  
like it was the end  
but its never the end  
i hate to tell you my friend  
they keep coming back  
again and again

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