You sit and scream at all the scandal That put the monkey on your back Don't put your idols on a mantel You'll only want your money back Don't slap my face and call me brother Lend a hand and knock me out So one disciple to another What's this shit really about Are we united? Cos I'm really not that sure When you've decided Spread some love and ask for more I sit and think about my maker And what he's got in store for me I wanna be a right-on daddy Protect my wife and family Are we united? Cos I'm really not that sure When you've decided Spread some love and ask for more Are we united? Cos I'm really not that sure When you've decided Spread some love and ask for more Runnin' out of love Got a pain in my head It's bringing me down God send me something Got a gun on my hip Real tight grip Don't give me no lip Boy send me something When a woman needs a man Man do what you can Lend them a hand And send them something Send them something Are we united Cos I'm really not that sure When you've decided Spread some love and ask for more Have you decided To spread som love and ask for more Have you decided To spread some love and ask for more