I stay behind I walk ahead Apart yet a part of ev'rything Nothing done and all is well Never used yet always full Out of nothing comes the one Out of one comes the two Out of two comes three Out of three comes all things The more it moves the more it yields The valley spirit never dies The root of heaven and of earth Empty now of ev'rything From above it is not bright From below it is not dark You cannot see when it began Follow it there is no end It has no aim it is so small It has no name it is so great It is not seen it is not heard Nothing done or left undone The weak can overcome the strong The supple overcomes the stiff Ev'ryone knows this well yet so few can practice it Out of nothing comes the one Out of one comes the two Out of two comes three Out of three comes all things