Root down, I put my root down
I kick it root down, I put my boot down
So how you gonna kick it, gonna kick it root down
Yeah, how you gonna kick it, gonna kick it root down
So how you gonna kick it, gonna kick it root down
Gonna break or damn, gonna kick it root down

It's not a put down, I put my foot down
And then I make some love, I put my root down
I'm like sweetie pie by the stone alliance
Everbody knows I'm known for dropping science
I'm electric like Dick Hyman
I guess you'd expect to catch the crew rhymin'
Never let you down with the stereo sound
So Mike, get on the mic and turn it out

We're talking root down, I put my root down
And if you want to battle me, you're putting loot down
I said root down, it's time to scoot down
I'm a step up to the mic in my goose down
Come up representing from the upper west
Money makin' putting me to the test
Sometimes I feel as low, I've been blessed
Because I'm doing what I want, so I never rest

Well, I'm not coming out goofy like the fruit of the loom guys Just strutting like the meters with the look-ka py py 'Cause downtown Brooklyn is where I was born But when the snow is falling, then I am gone You might think that I'm a fanatic A phone call from Utah and I'm throwing a panic But we kick it from the root when we break it on down Jimmy Smith is my man, I wanna give him a pound

I kick it root down, I put my root down
I kick it root down, I put my root down
So how you wanna kick it, gonna kick it root down
Yes, how we gonna kick it, we gonna kick it root down
So how we gonna kick it, gonna kick it root down
We gonna break it or damn, gonna kick it root down

Well, Ad Rock, don't stop, come on Just get on the mic with the tic and the tac

I'll fill you with the fuckin' rim like brim
I'm walking down your block and you say that's him
There goes the guy with the funky sound
The Beastie Boys, you know we come to get down
Because I've got the flow where I grab my dick
And say oh my God, that's the funky shit
So I'm going to pass the mic and cause a panic
The original nasal kid is doing damage

Every morning I took the train to High Street station Doing homework on the train, what a fucked up situation On the way back up hearing battle tapes Through the underground, underneath the sky scrapes It's like Harlem world battles on the Zulu beat show
It's Kool Moe D. vs. Busy Bee, there's one you should know
Enough of that, I just want to give some respect due
M.C.A. grab the mic and the ma bell will connect you

Bob Marley was a prophet for the freedom fight
If dancin' prays to the Lord, then I shall feel alright
It feels good to play a little music
Tears running down my face 'cause I love to do it
And no one can stop this flow from flowing on
A flow master in disaster with a sound that's gone
I'll give a little shout out to my dad and mom
For bringing me into this world and so on

I kick it root down, I put my root down
I kick it root down, I put my root down
So how we gonna kick it, gonna kick it root down
Yeah, how you wanna kick it, gonna kick it root down
So how we gonna rock it, gonna kick it root down
Gonna break it or damn, gonna kick it root down