

Inside My Head

Disbelief

a moment of silence
where i can calm down
is totally different
to how i feel now

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insanity's outside
it knocks on my door
thoughts run in circles
those i'm living for
people are wondering
how i behave
they can't see the inner
wish to give them a view

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my heart is bleeding
after the attack
i cannot recover
feel like a wreck
next crash is coming
i have to go on
i'm running for cover
there's only one way, one way...
there's only one way

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