Have you ever had the feeling How unnatural, bizarre And daunting is the fact That you live, That you breathe, Move, and speak and eat, Excrete. How absurd. Perversion, grossness Of the warm Body, spit, blood, bile They all circulate In the soft organs. Put your hand to your chest What is there? What beats there? Oh, gods, This is unbearable! Disgust and revulsion, Tear it all out, Destroy it, and stop it, Return to the earth Let it be gone, all that Should not be, let the plague, The one plague named life, Carried forth as a lethal disease Dissapear forever and after.