```
I live in an eggshell - not as strong as it seems
I protect myself from the world - I don't fit in this scheme
my home is unstable the walls are wearing thin
I break under pressure - but I'm trying to endure within

Break the shell - and you will regret it
Break the shell - you wish you never did it
Break the shell - you won't like what you see
Break the shell - you won't recognize me

Your world around me is cracking my shell
the weight of your problems makes my life hell
under pressure from your house of pain
I choose to live in my shell under strain

I've tried to conform - I've tried your way
```

this is my reality - my life is in a shell

this is my heaven - outside is my hell

I've tried to conform - live my life day by day

I can't deny it - I'm at my limit

I identify with - an eggshell in duress.