Just a little tenderness
At the end of the day
Is all a woman needs, to take her fears away

Cold, cold di world so cold
Mi waash someone to have and to hold
Ina di nite, when di feelings a bite
Hug mi up, squeeze mi up mek mi feel right
Forget di problems, everybody have dem
Tonight mi just naah feature dem
I, just wanna lay with you,
And be an island in this sea of confusion

Just a little tenderness
At the end of the day
Is all a woman needs, to take her fears away
Just a little tenderness
With the lights down low,
When the world is just two people,
And love is all we need to know

Everybody's got an idea
Of what's right, what's right for me
I'm just tryin' to survive and
Live my life positively
This one wants to educate me
That one wants to dominate me
The other one tryin' to wear me down
Talkin' outta both sides of the mouth, oh
I, just wanna lay with you,
And be an island in this sea of confusion

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Just a little tenderness
At the end of the day
Is all a woman needs, to take her fears away
Just a little tenderness
At the end of the night
When the world is just two people,

And everything's gonna be alright....