

At the end of the day
And into the night
That's when I get my peace and quiet
I'm on a fast ride and I want to get off
Whatever I do, whatever I say
Is anyone listening anyway?
I'm falling deeper and deeper
And deeper down below

Ah, ooh, ooh, here I go again
Ah, ooh, ooh, help me understand

At the end of the day
And into the night
That's when the darkness gives me light
I can see clearly what is right in front of me
I'm falling and I'm calling out
No one can hear me shout
Or maybe I'm crazy and
I'm screaming in the wrong direction
Whatever I do, whatever I say
Is anyone listening anyway?
I'm falling deeper and deeper
And deeper down below

Ah, ooh, ooh, here I go again
Ah, ooh, ooh, help me understand
Ah, ooh, ooh, here I go again
Ah, ooh, ooh, help me understand

Yeah
I'm drowning, can't you see?!

I'm on a train that's jumped it's tracks
And I'm not sure how I'm gonna get back
Somebody please help me off my knees
I'm asking, anybody please

Ah, ooh, ooh, here I go again
Ah, ooh, ooh, help me understand
Yeah, ooh, ooh, here I go again
Ah, ooh, ooh, help me understand
Yeah, ah ooh...